

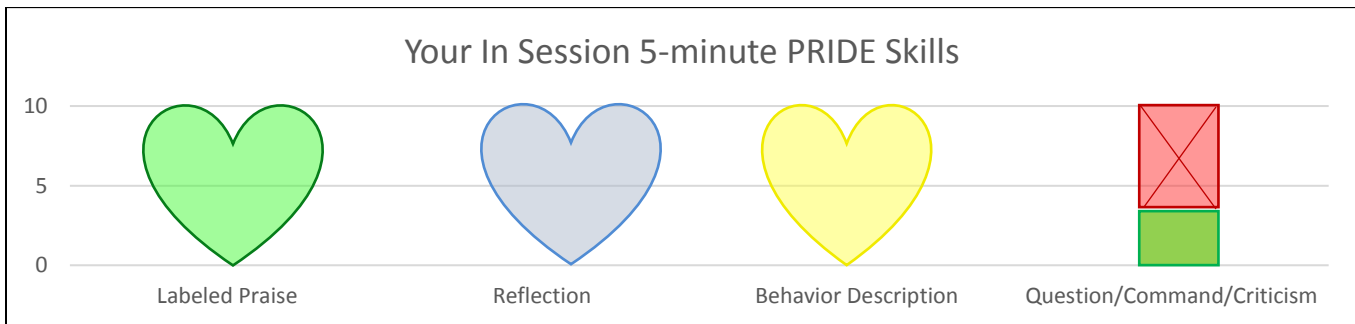


PCIT-Toddlers Home Therapy Practice

Child's Name: _____

Date: _____

Mom Dad Other Caregiver: _____



Use your CDI “Do Skills / PRIDE” & play with your child 5 minutes daily.
 Use CARES steps when signals of big emotions are present and your child needs your help.

	Did you engage in <u>Relaxation</u> before Special Time?		Did you spend 5 minutes in <u>Special Time</u> today?		Activity or Toys Played	List any signals of big emotions your child showed. Was CARES used?	PRIDE Skills used today... Any problems or questions during Special Time?
	Yes	No	Yes	No			
Monday							
Tuesday							
Wednesday							
Thursday							
Friday							
Saturday							
Sunday							

Write a time during the week when you felt an intense emotion and what impact did it have on your child?

Adapted from Eyberg and Funderburk (2011) CDI Homework sheet, pg 28.

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